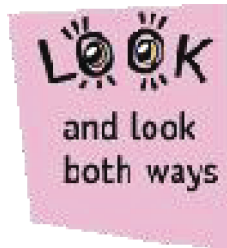


Learn about safety:

Go over the rules of the road as it pertains to walking and biking and then hand out the “Can you guess?” worksheet to students. Post these 3 rules on the blackboard or give them to the students in a hand out.



When you walk across the street you should...

- Stop first.
- Look both ways before you cross the street.
- Be extra careful when you cross a street with no traffic lights.
- Never run out into the street.
- Don't play around railway tracks.

When riding your bike you should...

- Always wear a bike helmet. Make sure you wear it properly. The helmet should cover the top of your forehead.
- Always ride a bike that fits properly. Your toes or feet should touch the ground on both sides.
- Always ride a bike that has reflectors and a bell or horn.
- Obey all the rules of the road and traffic signs.
- Remember that driveways are dangerous. Stop your bike before you cross a driveway.
- Always look both ways for cars.

